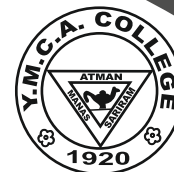




INDIA



# **Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION**

NANDANAM, CHENNAI - 600 035.

**(Autonomous)**

A Project of The National Council of YMCAs of India

A Christian Minority Institution

Registered under UGC Act

Recognised by National Council for Teacher Education & Government of Tamilnadu

Reaccredited with 'A' Grade by NAAC

Affiliated to Tamilnadu Physical Education and Sports University

Website : [www.ymcacollege.ac.in](http://www.ymcacollege.ac.in) E-Mail : [ymcanandanam1920@gmail.com](mailto:ymcanandanam1920@gmail.com) / [office@ymcacollege.ac.in](mailto:office@ymcacollege.ac.in)

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## **PROSPECTUS**

### ***2023 - 2024***

## BRIEF HISTORY OF THE COLLEGE

The YMCA College has a fascinating history. Realising the need for trained leaders in the field of Health, Physical Education, Sports and Recreation, a training centre then known as the School of Physical Education was established in August, 1920 at the Central YMCA, Chennai. In 1924, the school was shifted to Royapettah YMCA where facilities for training were available. In 1932, the School was shifted to Saidapet. Here the School with many additional facilities became a full-fledged College of Physical Education, the first of its kind to be established in South East Asia.

Thousands of leaders in Physical Education from various states of India and countries like Burma, Nepal, Sri Lanka and even from far away countries like Egypt, Iran, Ghana and Mauritius have passed out of this college. From 1940, women are also being trained at the college.

Today the YMCA College of Physical Education, as an autonomous college, stands as a monument to the missionary vision, courage and faith of its founder, Late Harry Crowe Buck. His spirit of selfless service will continue to inspire all those who carry on the task of promoting Physical Education through this college which is Reaccredited with 'A' Grade by NAAC, Recognised by National Council for Teacher Education (NCTE), Government of Tamilnadu and affiliated to TNPESU.

### COURSES OFFERED AND ELIGIBILITY FOR ADMISSION

#### Government of Tamilnadu and TNPESU Guidelines will be followed for Admission

The College offers the following courses of study for Men and Women.

- 1. Ph.D. (Doctor of Philosophy in Physical Education) Full time and part time**  
Eligibility is Master Degree in Physical Education (as per the norms of Tamil Nadu Physical Education and Sports University) [Admission Process Will be carried out by the TNPESU]
- 2. M.P.Ed. (Master of Physical Education - Two year degree course - Four Semesters)** Applicant should have passed B.P.Ed. degree, obtained after a bachelor's degree or its equivalent degree recognised by the Tamil Nadu Physical Education and Sports University (TNPESU) and should have required standard in atleast one major game or sport. Candidates with achievements in Sports and Games and professional training will be preferred. Admission is subject to eligibility rules of the Tamil Nadu Physical Education and Sports University, Tamil Nadu Government and NCTE. The candidate should not have Completed 35 years of age as on 1st July
- 3. B.P.Ed. (Bachelor of Physical Education - Two years Physical Education Teacher training degree course - Four Semesters)** Applicant should have passed in (10+2+3 pattern) any degree recognised by the TNPESU. **Students who have obtained degree through Open University system are not eligible.**  
Graduates from other than Tamil Nadu Physical Education and Sports University are eligible for admission only if their degrees are accepted by the Tamil Nadu Physical Education and Sports University. Candidates who have obtained their degrees by private study must have their degree approved by the Tamil Nadu Physical Education and Sports University prior to the submission of applications to the college. Applicant should have participated in atleast inter- school or intercollegiate tournament in any sport / game. The candidate should not have completed 30 years of age as on 1st July. Relaxation on age may be 2 years for SC/ST and 6 years for ex - service man/ experienced Physical Education Teacher. BPE / BPES / B.Sc (PHS) candidates will be given weightage in marks for selection.
- 4. B.M.S. (Bachelor of Mobility Science - Two years Special Teacher Training degree course - Four Semesters)**  
The Tamil Nadu Physical Education and Sports University has approved the Bachelor of Mobility Science for the Disabled. It was under Madras University since inception of the course i.e. 1989. Candidates with any Bachelor's degree recognized by the Tamil Nadu Physical Education and Sports University are eligible for admission. Students who have obtained degree through open university system are not eligible. The candidate should not have completed 30 years of age as on 1st July. Relaxation on age may be 2 years for SC/ST and 6 years for ex - service man / experienced Physical Education Teacher

**5. B.P.E.S (Bachelor of Physical Education and Sports - Three Year Degree Course - Six Semester) :**

Applicants should have passed +2 exam of the Government of Tamilnadu or any other equivalent examination, recognized by the Tamilnadu Physical Education and Sports University and Tamilnadu Government. Applicant should have participated in atleast interschool tournament in any sport / game.

Age : The age limit for admission to the BPES degree course will be 21years (Twenty one) as on 1st July. For SC/SCA/ST/BC/BCM/DNC candidates & women candidates age relaxation of 3 years beyond 21 years is Permitted.

**6. D.P.Ed. (Diploma in Physical Education - Two year non semester Physical Education Teacher training course under Govt. of Tamil Nadu) Eligibility as per Tamilnadu Govt. Norms**

**Educational Qualifications :** Candidates should have scored more than 50% of marks (600/1200 or 300/600 marks) in Higher Secondary Examinations.

1. SC/SCA/ST/BC/BCM/MBC - Minimum 45% of marks in Higher Secondary Education
2. Candidates must studied Tamil Language as Part I in Higher Secondary Course (+2)
3. Age : Candidates should not have completed 30 years of age as on 31.07.2023 for General Category.  
SC / SCA / ST candidates should not have completed 35 years of age as on 31.07.2023  
Widows / Orphans should not have completed 40 years of age as on 31.07.2023

**Inter Caste marriage Candidates (BC / MBC) should not have completed 32 years of age as on 31.07.2023. Inter Caste Marriage candidates (SC /ST ) should not have completed 37 years of age as on 31.07.2023)**

4. Candidate belonging to Tamilnadu State alone will be admitted to D.P.Ed. Course.

**7. COURSES OFFERED IN THE EVENING COLLEGE**

The College offers the following courses of study for Men and Women in the Evening College Programme

**(I) M.Sc., - FITNESS, EXERCISE REHABILITATION AND NUTRITIONAL CARE. (FERNC)**

This course is an ideal programme for Physiotherapists, Nutritionist, Physical Educationist, Occupational Therapist and Allied Health Science graduates. The multinational companies (Banks, Information Technology, Industries, etc) are looking for qualified and well trained fitness experts, gym instructors with knowledge in the area of nutrition in order to maximise the health and work capacity of their employees. This course also offers yoga and Tai Chi as a part of the training programme.

**(II) PG DIPLOMA IN SPORTS COACHING - TENNIS / CRICKET / SWIMMING**

**One year non semester course.**

This course provides excellent opportunity for students to improve not only their playing ability in Tennis / Cricket / Swimming / Basketball / Handball / Football / Track & field / Yoga but also teaching and coaching skills.

<b>COURSE OF STUDY</b>	<b>OPPORTUNITY / EMPLOYABILITY</b>
Ph.D.	Asst. Professor / Director of Physical Education in University / College
M.P.Ed.	Physical Director / P.E.T in Higher Secondary School
B.P.Ed.	Asst. Physical Director / P.E.T in Schools
D.P.Ed.	P.E.T in High School, Middle School and Primary School
M.Sc.	Instructor in Fitness Centre / Gym / Rehabilitation Centre / Physiotherapy Centre / Yoga Centre
P.G.Diploma	Fitness Trainers for the specific Sports / Coach / Team Analyst Event Manager / Counsellor / Yoga Instructor
B.M.S.	P.E.T in High School / P.E.T in Special School
B.P.E.S.	Can pursue B.P.Ed. Degree / Fitness & Personal Trainers

Candidates from other Universities should obtain eligibility certificate from the Tamil Nadu Physical Education and Sports University before seeking admission to any of the degree courses offered by the college. Any other qualification claimed by a candidate as equivalent to the above will be considered only on condition that he/she gets the clearance certificate from the Tamil Nadu Physical Education and Sports University. The College reserves the right to discontinue the candidature at any time whose qualification does not satisfy the requirement of the Tamil Nadu Physical Education and Sports University / the Director of Government Examination. The College will not be held responsible for any consequential damages in this issue. Candidates with doubtful qualification will not be admitted. Candidates admitted for training in the college are expected to follow the rules and regulations given in the college calendar and as amended from time to time by the college authorities.

Students who withdraw before completion of the course should pay the full fee (except mess fees) before getting the T.C.

## ADMISSION GUIDELINES 2023 - 2024

***Admission to various courses of study will be done based on the guidelines of NCTE, Government of Tamilnadu and TNPESU. The test dates for the admission will be informed to the candidates through their mail id / phone number.***

Physically Challenged & pregnant women are not eligible for admission to any of the courses of study offered at the college.

### II. B.P.Ed. [Regular]

#### 1. Eligibility for Admission to the Course

- a) (i) Bachelor's degree in any discipline with 50% marks and having at least participation in the Intercollegiate / Inter-Zonal/District / School competition in sports and games as recognized by the AIU/IOA/SGFI/ Govt. of India.
- or
- (ii) Bachelor's degree in Physical Education with 45% marks.
- or
- (iii) Bachelor's degree in any discipline with 45% marks and studied Physical Education as compulsory / elective subject.
- or
- (iv) Bachelor's degree with 45% marks and having participated in National / Inter University/ State competition or secured 1st, 2nd or 3rd position in Intercollegiate / Inter -Zonal / District / School competition in sports and games as recognized by the AIU/IOA/SGFI/ Govt. of India.
- or
- (v) Bachelor's degree with participation in International competitions or secured 1st, 2nd or 3rd position in National / Inter -University competition in sports and games as recognized by respective federations/ AIU/IOA/SGFI/ Govt. of India.
- or
- (vi) Graduation with 45% marks and at least three years of teaching experience (for deputed in – service candidates i.e. trained physical education teachers / coaches).

**Note:** A candidate shall be eligible for admission to the Bachelor of Physical Education degree course (B.P.Ed) if he/she has received a degree in 10+2+3 pattern or any degree from a University recognized by Tamil Nadu Physical Education and Sports University.

b) **A minimum inter - school participation in sports and games is compulsory.**

c) The candidates should not have completed 30 years of age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.

d) Ex-Servicemen / Experienced Physical Education Teachers shall be given relaxation of 6 years in age.

e) The candidate should be medically fit and free from any deformity.

f) Pregnant women are not permitted either for admission or to undergo the course. If violated, they will not be permitted to continue the course.

g. Admission shall be made on the basis of ranking for a total of 150 marks as

**Detailed below:-**

1	Qualifying Examination (Bonus marks for possession of basic degree in Physical Education (B.Sc Physical Education, Health Education and Sports or Bachelor of Physical Education (B.P.E) or Bachelor of Physical Education and Sports (B.P.E.S) or Diploma in Physical Education (D.P.Ed) )	25 marks
2	Participation in Games & Sports proficiency	25 marks
3	Games and Sports (Skill test)	50 marks
4	Physical Fitness Test [ 100 mts, Long Jump, Shot put ]	50 marks
	<b>Total</b>	<b>150 marks</b>

**Note :**

Marks obtained in qualifying Degree shall be converted to a maximum of 20 marks. For example if a candidate secured 1800 marks out of 2400. his / her marks for qualifying examination is  $[1800 / 2400] \times 20 = 15$  marks.

**Games and Sports Participation: (Maximum marks: 25)**

The norms for award of marks for the sports and games participation are furnished hereunder.

**Any one which is applicable / advantageous.**

- |   |    |
|---|----|
| 1. Representing the Country   | 25 |
| 2. Securing first two places in National / All India / Inter – University | 20 |
| 3. Representing State / University  | 15 |
| 4. Representing District / Division                                       | 10 |
| 5. Representing Colleges / School   | 05 |
- (Supporting certificates should be produced)

**Games and Sports Skill Test: Maximum Marks: 50**

The candidate will be tested in any one of the games included in the All India Inter University (AIU) competitions.

**Physical Fitness : Maximum Marks: 50**

- a) 100 Mts. - 20 Marks
- b) Shot-Put - 15 Marks
- c) Long Jump - 15 Marks

**Note :**

The games skill test and Physical Fitness tests events will be conducted.

**II. M.P.Ed. [Regular]****1. Eligibility for Admission to the Course**

- a) Bachelor of Physical Education (B.P.Ed) or equivalent with at least 50% marks

**Note:**

A candidate shall be eligible for admission to the Master of Physical Education degree course (M.P.Ed) if he/she has received a degree in 10+2+3 with B.P.Ed(+2) pattern from a University recognised by Tamil Nadu Physical Education and Sports University.

- b) A minimum intercollege level participation in sports and games is compulsory.
- c) The candidates should not have completed 35 years of age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.
- d) Ex-Servicemen with B.P.Ed degree / Experienced Physical Education Teachers shall be given age relaxation of 6 years.
- e) The candidate should be medically fit and free from any deformity.
- f) Pregnant women are not permitted either for admission or to undergo the course. If violated, they will not be permitted to continue the course.
- g) Admission shall be made on the basis of ranking for a total of 150 marks as detailed below:-

**Detailed below:-**

1	Qualifying Examination	25 marks
2	Games & Sports Proficiency	25 marks
3	Games and Sports (Skill test)	50 marks
4	Written Test	35 marks
5	Personal Interview	15 marks
	<b>Total</b>	<b>150 marks</b>

**Note:**

Marks obtained in qualifying Degree shall be converted to a maximum of 25 marks. For example if a candidate secured 1800 marks out of 2400. his / her marks for qualifying examinations is  $[1800 / 2400] \times 25 = 18.75$  marks.

**Sports and Games Participation**

The norms for award of marks for the sports and games participation are furnished below:-

Any one which is applicable / advantageous

1. Representing the Country	25
2. Securing first two places in National/ All India/ Inter-University	20
3. Representing the State/ university	15
4. Representing the District/ division	10
5. Representing the colleges	05

(Supporting certificates should be produced)

**Games and Sports skill test**

The candidates will be tested in any one of the following games and sports.

1. Track and Field	6. Handball
2. Basketball	7. Volleyball
3. Cricket	
4. Football	
5. Hockey	

**III. B.M.S [Regular]**

1. B.P.Ed. Admission Procedure will be followed.
2. Sponsored Candidates will be given Preference.

**IV. B.P.E.S [Regular]**

1. **Academic Qualification** : As given in Page No 3
2. **Games skill Test & Physical fitness test**: The procedure followed for the selection of B.P.Ed., degree will be followed for the B.P.E.S. Degree candidates also.

**V. D.P.Ed. [Regular]**

1. **Academic Qualification** : As given in Page No.3
2. **Games skill Test** : The candidates should choose any one of the game to undergo test in game proficiency.
3. **Physical Fitness test**: The candidates will be tested in the following events.
  - (a) 100 mts.
  - (b) Shot put
  - (c) 800 Mtrs.

\* Medical Certificate format is given in the prospectus.

**Evening College****I. M.Sc. DEGREE (Fitness, Exercise, Rehabilitation and Nutritional Care)**

The applicants should have passed

- |                     |                                       |   |
|---------------------|---------------------------------------|---|
| 1. BPT              | 2. B.Sc., (Nutritional and Dietetics) | 3. B.Sc., (Physical Education)  |
| 4. B.P.E.S / B.P.E. | 5. B.Sc., (Nursing)                   | 6. B.Sc. or its equivalent degree or any other degree as approved by the TNPES University |

**II. PG DIPLOMA IN SPORTS COACHING - TENNIS / CRICKET / SWIMMING / YOGA**

Any under graduate degree, recognised and approved by the TNPESU and proficiency in Tennis / Cricket / Swimming / Yoga

## REGISTRATION OF APPLICATION

- Application for admission should be filled online in the College website at <http://www.ymcacollege.ac.in> only
- The payment for online application fee Rs.48/- for UG Course ( Rs.58/- for PG Course ) and registration fee Rs.2/- and Prospectus & selection trial fee Rs. 325/- which totalling Rs.375/- for UG Course (Rs.385/- for PG Course) should be made through ONLINE ONLY.
- The SC/ST/SCA/SCC (SC converted Christian) candidates of Tamil Nadu alone are eligible to avail only one online application at free of cost (but the candidate need to pay the registration fee and selection trial fee which totals Rs.327/-)
- Incomplete applications will be rejected without any intimation.

**During Interview and Physical Fitness test for admission the following certificates are to be produced.**

1. General Educational / Professional Certificates
2. Proficiency Certificates in games and sports.
3. Age certificate.
4. Course completion certificate and Transfer certificate.
5. Community Certificate (for BC/MBC/SC/ST candidates) from a Thasildar / Dy. Thasildar / Panchayat Union Commissioner.
6. Medical Certificate [Prescribed Format available in College website]
7. Original Medical Certificate should be submitted during selection trial.

***Ineligible candidates will be informed through email / sms***

## GENERAL INFORMATION

This college is residential for men and women students of P.hd., M.P.Ed., B.P.Ed., B.M.S., B.P.E.S. and D.P.Ed., courses of study, Hence the students are expected to reside in the hostel during their course of study.

All selected candidates are expected to submit the following original certificates immediately to confirm their seat and Payment of 1<sup>st</sup> semester fees. (Re-opening /Reporting date - 3<sup>rd</sup> July 2023)

1. General Education / Professional Certificate. (10,+2, Degree, B.P.Ed Mark Statement)
2. Proficiency Certificate in games and sports.
3. Age proof Certificate.
4. Course completion certificate, Transfer certificate & Conduct Certificate.
5. Degree recognition certificate - applicable to candidates seeking admission to the degree courses from universities other than Tamil Nadu Physical Education and Sports University.
6. Community Certificate (for BC/MBC/SC/ST Candidates) should be from a Tashildar / Dy. Tashildar / Panchayat Union Commissioner.
7. Adhaar card xerox
8. Bank Details [xerox copy of Bank first page]
9. Selected Candidates should submit a Certificate of Undertaking by the parent [Prescribed Format available in College website]
10. Original Medical Certificate



Original certificates once submitted at the college for admission will not be returned during the course of study. **Kindly take photo copies, before submitting the original certificates at the college office.**

### **PERSONAL EQUIPMENT**

Selected students must equip themselves with the following personal equipment.

- |                            |                 |                        |            |
|----------------------------|-----------------|------------------------|------------|
| 1. Good whistle with chord | 2. Mosquito net | 3. Plate               | 4. Tumbler |
| 5. Mug                     | 6. Bucket       | 7. Trunk box with lock |            |

### **INFORMATION TO THE SELECTED CANDIDATES**

1. Activity uniform will be provided by the college. Measurement for activity uniform will be taken by the college tailors, soon after the payment of fees for uniform.
2. The men and women students will be provided with a blazer by the college. However they should have their own black pant and a white shirt (full-hand).
3. Candidates who have passed the examination from other universities or bodies and awaiting the recognition of qualifying examinations should forward their applications through PRINCIPAL of the college together with the necessary certificates.
4. M.P.Ed. candidates whose qualifying examinations obtained from other universities or bodies which have not yet been recognised by the TNPESU till then, should obtain clearance from the TamilNadu Physical Education and Sports University (TNPESU) before seeking admission in the college.
5. Grant of Harijan Welfare Department Scholarship / Backward Classes Scholarship can be made only on maintenance of 90% attendance by the students concerned and no relaxation of this rule will be entertained
6. Admission is subject to the verification of Certificates by Director of Govt. Examinations / TNPESU. If Certificate is found to be bogus, admission will be cancelled and criminal action will also be taken.
7. Selected students should equip themselves with their own personal equipment for various activities.
8. Transaction of any fee payment should be done only through DD or NEFT. No cash payment is entertained.

Canvassing for admission in any form is prohibited and will be viewed seriously. Applications of such candidates will be rejected.