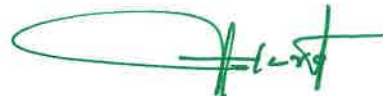


Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - M.P.Ed. I YEAR – SEMESTER - I

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	MSEC104 – Dr.ESJ	MCC-101 Dr.PA
		MSEC105 – Dr.SAD	
		MSEC106 – Dr.KJD	
TUESDAY	MCC 102 - Dr.GA	MCC-101 Dr.KJD	MSEC104 – Dr.JK
			MSEC105 – Dr.SAD
			MSEC106 – Mr.BPD
WEDNESDAY	MCC 103 -Dr.SGK	MCC 102 - Dr.ESJ	MSEC104 – Dr.VMG
			MSEC105 – Dr.GB
			MSEC106 – Mr.BPD
THURSDAY	MCC 103 - Dr.SGK	MCC 101 - Dr.MTD	LIBRARY - Dr. RP
FRIDAY	MCC 102 - Dr.JK	MCC 103 - Dr.SGK	MCC 102 - Mr.BPD

Sub. Code	Paper	Total hours
MCC 101	Yogic Sciences	3
MCC 102	Research Process in P. E. and Sports Sciences	4
MCC 103	Physiology of Exercise	3
MDSE 104	Adapted Physical Education	3
MDSE 105	Sports Management	3
MDSE 106	Sports Technology	3


Dr. S.Glady Kirubakar Theory coordinator



Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - M.P.Ed. II YR. SEMESTER - III

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	MCC - 301 Dr.JJ	MSEC 304- Mr.MFA
			MSEC305 – Dr.JJ
			MSEC306 – Dr.JGD
TUESDAY	MCC - 303 Dr.ESJ	MCC - 301 Dr.JJ	MSEC304 – Mr.MFA
			MSEC305 – Dr.PA
			MSEC306 – Dr.JGD
WEDNESDAY	MCC - 302 -Dr.JGD	MCC - 301 Dr.KJD	MCC - 301 Dr.JJ
THURSDAY	MCC - 303 Dr.ESJ	MCC - 302 Dr.PA	MSEC304 – Mr.AAS
			MSEC305 – Dr.KJD
			MSEC306 – Dr.JGD
FRIDAY	MCC - 302 Dr.SGK	MCC - 303 Dr.JSJ	LIBRARY - Dr. RP

Sub. Code	Paper	Total hours
MCC 301	Scientific Principles of Sports Training	4
MCC 302	Curriculum Design in Physical Education	3
MCC 303	Sports Biomechanics & Applied Kinesiology	3
MSEC 304	ICT in Physical Education	3
MSEC 305	Sports Nutrition	3
MSEC 306	Sports counseling	3



Dr. S.Gladly Kirubakar (Theory coordinator)



Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.Ed. I YEAR 'A' – SEMESTER - I

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BCC - 102 - Mr.MFA	LIBRARY - Dr. RP
TUESDAY	BCC - 101 -Dr.SAD	BDSE -104 -Dr.JJJ	BCC - 102 - Mr.KM
		BDSE -105 - Dr.SJ	
WEDNESDAY	BCC - 102 -Mr.BPD	BCC - 103 -Dr.PA	BDSE -104 - Dr.JJJ
			BDSE -105 - Dr.SJ
THURSDAY	BCC - 101 -Dr.JJP	BCC - 103 -Dr.KK	BDSE -104 - Dr.JJJ
			BDSE -105 - Dr.SJ
FRIDAY	BCC - 101 -Dr.JJP	BCC - 103 -Mr.AAS	BCC - 101 -Mr.AAS

Sub. Code	Paper	Total hours
BCC 101	Principles of Physical Education, Ednl Psy. & Guidance & Counseling	4
BCC 102	Anatomy and physiology	3
BCC 103	Yoga education	3
BDSE 104	Educational Technology & Sports Journalism, Tourism	3
BDSE 105	Disabilities & Inclusive Education	3


Dr. S.Gladys Kirubakar (Theory coordinator)


Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.Ed. I YEAR 'B' – SEMESTER - I

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BCC - 102 -Dr.JJP	BCC - 103 -Dr.KK
TUESDAY	BCC - 102 -Mr.MFA	BDSE -104 - Dr.JJJ	LIBRARY - Dr.RP
		BDSE -105 - Dr.SJ	
WEDNESDAY	BCC - 101 -Dr.SAD	BCC - 101 -Mr.AAS	BDSE -104 - Dr.JJJ
			BDSE -105 - Dr.SJ
THURSDAY	BCC - 102 -Mr.BPD	BCC - 103 -Dr.JK	BDSE -104 - Dr.JJJ
			BDSE -105 - Dr.SJ
FRIDAY	BCC - 101 -Mr.PRP	BCC - 103 -Dr.PA	BCC - 101 -Dr.JJP

Sub. Code	Paper	Total hours
BCC 101	Principles of Physical Education, Edn. Psychology, Guidance & Counseling	4
BCC 102	Anatomy and physiology	3
BCC 103	Yoga education	3
BDSE 104	Educational Technology, Sports Journalism & Tourism	3
BDSE 105	Disabilities & Inclusive Education	3


Dr. S. Gladys Kirubakar Theory coordinator



Dr. George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.Ed. II YEAR 'A' – SEMESTER - III

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BCC - 301 - Dr.JSJ	BSEC -304 - Dr.GB
			BSEC -305 - Dr.JJJ
TUESDAY	BCC - 301 -Dr.KK	LIBRARY Dr. RP	BCC - 301 - Dr.MTD
WEDNESDAY	BCC - 303 -Dr.JSJ	BSEC -304 - Dr.GB	BCC - 302 - Dr.PBE
		BSEC -305 - Dr.JJJ	
THURSDAY	BCC - 302 - Dr.PBE	BCC - 303 -Mr.SJ	BSEC -304 - Dr.GB
			BSEC -305 - Dr.JK
FRIDAY	BCC - 301 -Dr.KK	BCC - 302 - Dr.PBE	BCC - 303 - Dr.MTD

Sub. Code	Paper	Total hours
BCC 301	Sports Training	3
BCC 302	Health Ed & Environ. Studies	3
BCC 303	Principles & Techni. of officiating & Coaching Part-II	4
BSEC 304	Sports Management	3
BSEC 305	Fitness ,Wellness & Sports Nutrition	3


Dr. S.Glady Kirubakar Theory coordinator


Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.Ed. II YEAR 'B' – SEMESTER - III

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BCC - 303 - Mr.SJ	BSEC -304 - Dr.GB
			BSEC -305 - Dr.JJJ
TUESDAY	BCC - 301 -Dr.JSJ	BCC - 302 Dr.PBE	BCC - 302 Dr.JJP
WEDNESDAY	BCC - 301 -Dr.KK	BSEC -304 - Dr.GB	BCC - 301 -Dr.MTD
		BSEC -305 - Dr.JJJ	
THURSDAY	BCC - 301 -Dr.JSJ	LIBRARY Dr. RP	BSEC -304 - Dr.GB
			BSEC -305 - Dr.JK
FRIDAY	BCC - 303 Dr.SJ	BCC - 301 -Dr.KK	BCC - 302 Dr.PBE

Sub. Code	Paper	Total hours
BCC 301	Sports Training	3
BCC 302	Health Ed & Environ. Studies	3
BCC 303	Principles & Techni. of officiating & Coaching Part-II	4
BSEC 304	Sports Management	3
BSEC 305	Fitness ,Wellness & Sports Nutrition	3


 Dr. S.Glady Kirubakar Theory coordinator


 Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.E.S. I YEAR – SEMESTER - I

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BPS - 103 - Mr.PRP	BPS - 104 - Mr.SJ
TUESDAY	BPS - 104 - Ms.BS	BPS 101 - Mrs. FZB/RR/SK	BSP 102 - Mrs. NSG
WEDNESDAY	BPS - 102 - Mrs.NSG	BPS - 103 - Mr.STDA	BPS 101 - Mrs. FZB/RR/SK
THURSDAY	BPS - 104 - Ms.BS	BPS 101 - Mrs. FZB/RR/SK	BPS 102 - Mrs. NSG
FRIDAY	LIBRARY - Dr. RP	BPS - 103 - Mr.PRP	BPS - 104 - Mr.STDA

Sub. Code	Paper	Total hours
BPS 101	Tamil I/Hindi I/French I	3
BPS 102	English I	3
BPS 103	General Knowledge and History of	3
BPS 104	Rules of Games & Sports – Part IBasketball,	4


Dr. S. Gladys Kirubakar Theory coordinator


Dr. George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.E.S. II YEAR – SEMESTER - III

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BPS - 304 - Dr. GB	BPS - 304 -Mr.PRP
TUESDAY	BPS- 303 - Mrs.DS	BPS 302 -Mrs.NSG	BPS 301 - Mrs. FZB/RR/SK
WEDNESDAY	LIBRARY - Dr. RP	BPS 301 - Mrs. FZB/RR/SK	BPS 302 - Mrs.NSG
THURSDAY	BPS- 303 - Mrs.DS	BPS 302 - Mrs.NSG	BPS 301 - Mrs. FZB/RR/SK
FRIDAY	BPS- 303 - Mrs.DS	BPS - 304 - Dr.GB	BPS - 304 - Mr.PRP

Sub. Code	Paper	Total hours
BPS 301	Tamil III/Hindi III /French III	3
BPS 302	English III	3
BPS 303	Health & Safety Education	3
BPS 304	Rules of Games & Sports – Part III (Track & Field and Cross Country)	4


Dr. S.Gladly Kirubakar (Theory coordinator)


Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.P.E.S. III YEAR – SEMESTER - V

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	BPS 501 -Dr.JK	BPS - 504 - Mr.BS
TUESDAY	BPS 502 - Mr.KM	BPS 501 -Dr.JK	BPS 503 - Mr.AAS
WEDNESDAY	BPS 502 - Mr.KM	LIBRARY - Dr. RP	BPS - 504 - Dr.JJP
THURSDAY	BPS 502 - Mr.KM	BPS 503 - Mr.AAS	BPS - 504 - Mr.STDA
FRIDAY	BPS 502 - Dr.KM	BPS - 501 - Mr.BS	BPS 503 - Mr.SJ

Sub. Code	Paper	Total hours
BPS 501	Science of Yoga	3
BPS 502	Care and Prevention of Sports Trauma	4
BPS 503	Kinesiology and Biomechanics	3
BPS 504	Educational Psychology and Sports Journalism	3



Dr. S.Glady Kirubakar Theory coordinator



Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION
THEORY TIME TABLE - 2026-2027 - B.M.S. II YEAR – SEMESTER - III

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	LIBRARY - Dr. RP	BMC - 301 -Dr.SJD
TUESDAY	LIBRARY - Dr. RP	BMC - 302 Dr.SJD	BME - 305 Mr.PRP
WEDNESDAY	BMC - 303 Dr.SJD	BMC - 302 Dr.VMG	BMC- 303 -Dr.SJD
THURSDAY	BMC - 301 -Dr.SJD	BME - 305 Dr.VMG	BMC- 301 -Dr.VMG
FRIDAY	BMC - 302 Dr.SJD	BMC - 303 Dr.VMG	BME - 305 Dr.VMG

Sub. Code	Paper	Total hours
BMC 301	Causes of various disabilities and introduction to sensory, neuro, locomotors & multiple disabilities	3
BMC 302	Physical education, applied physical fitness for the disabled, recreation and camping	3
BMC 303	Principles & Techni. of officiating & Coaching Part-II (Kabaddi , Kho – Kho , Handball, Badminton, Ball Badminton, Softball)	3
BME 304	Computer Technology and disabilities	
BME 305	Personality Development and Communication skills	3

Dr. S.Glady Kirubakar (Theory coordinator)

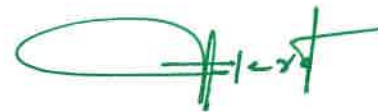
Dr.George Abraham Principal

Y.M.C.A.COLLEGE OF PHYSICAL EDUCATION

THEORY TIME TABLE - 2026-2027 - D.P.Ed. II YEAR

DAY	10.00 AM TO 11.00 AM	11.00 AM TO 12.00 NOON	12.00 NOON TO 01.00 PM
MONDAY	GENERAL ASSEMBLY / MENTOR & MENTEE SESSION	PAPER VIII - Mrs.DS	PAPER VI - Mr.STDA
TUESDAY	PAPER VII - Mr.STDA	PAPER VI - Dr.JJP	PAPER VI - Mr.STDA
WEDNESDAY	PAPER VIII - Mrs.DS	PAPER VII - Dr.JJP	PAPER IX - Mr.BS
THURSDAY	PAPER X - Mr.PRP	PAPER IX - Mr.BS	PAPER X - Mr.BS
FRIDAY	LIBRARY - Dr. RP	PAPER VIII - Mrs.DS	PAPER X - Mr.BS
Sub. Code	Paper		
PAPER VI	Evaluation and measurement		
PAPER VII	Recreation,Camping and Safety Education		
PAPER VIII	Health education,Nutrition & sports trauma Mgmt		
PAPER IX	Educational Technology in Physical Education		
PAPER X	Officiating and Rules of Games & Sports & Coaching - Part II		


Dr. S.Glady Kirubakar (Theory coordinator)


Dr.George Abraham Principal